

Introduction for: Gina Schreck

Gina Schreck is president and founder of Pinnacle Achievement, and SchreckTalk Keynotes. Her background as a corporate manager, business owner, wife, mother of four, author, cook and chief bottle washer (*not to mention being a finalist in the Publisher's Clearinghouse Sweepstakes*) gives her a real world understanding of just how easy it is, in our warp-speed world, to feel dissatisfied and disconnected with life. Gina says **if life is driving you crazy, at least learn to enjoy the ride!** She helps individuals manage the madness, gives them practical tools and techniques to help reduce stress, discover their strengths and talents communicate more effectively and have more fun so they can **GET A LIFE!**

Please help us welcome...Gina Schreck.